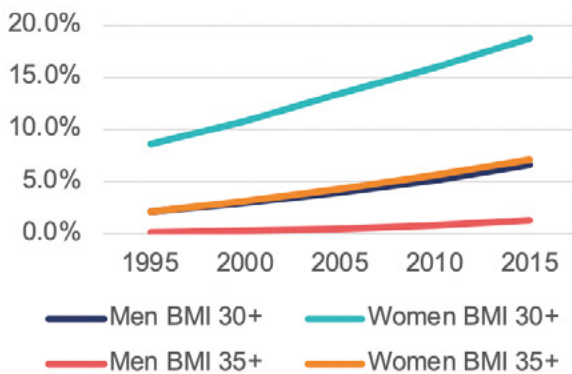




Mauritania

Prevalence (%) of adults with obesity and severe obesity 1995-2015



Obesity: 2010 target and 2025 predicted prevalence and number of cases

| | 2010 % | 2025 % | 2025 cases (thousands) |
|---------------|--------|--------|------------------------|
| Men | 5.1 | 11.4 | 152.1 |
| Women | 15.9 | 25.9 | 345.7 |
| Children 5-19 | 2.8 | 6.4 | 113.6 |

Chance of meeting UN adult obesity targets for 2025

| | |
|-------|-------------------------|
| Men | 0.0% - very poor chance |
| Women | 0.0% - very poor chance |

Rate of increase in adult obesity in two decades 1995-2015

| | |
|-------|--------------------------|
| Men | 5.7% - very rapid growth |
| Women | 3.9% - very rapid growth |

Cases attributed to overweight and obesity 2016

| | Number (thousands) |
|-------------------------|--------------------|
| Diabetes | 72.8 |
| Hypertension | 182.4 |
| Ischaemic heart disease | 1.8 |

Health coverage indicator

| | |
|--------------------------------|--------------------------|
| Diabetes deaths per 1000 cases | 11.4 - poor availability |
|--------------------------------|--------------------------|

Health care costs attributed to obesity 2016

| | |
|---------------|------|
| \$US millions | 14.2 |
|---------------|------|

na = data not available

Obesity prevalence data are from the NCD-RisC database www.ncdrisc.org

Diabetes data are from the International Diabetes Federation <https://idf.org/>

Hypertension, breastfeeding and health expenditure data are from WHO <http://apps.who.int/gho/data/>

Heart disease data from <https://www.sciencedirect.com/science/article/pii/S0735109717372443>

For colour coding criteria and further sources see the World Obesity Federation report www.worldobesity.org